

# Pass the Pandowdy, Please

Chewing on History with Famous Figures and Their Favorite Foods

Words by Abby Zelz

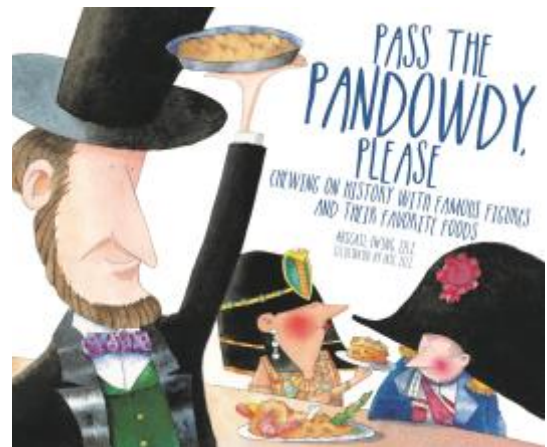
Illustrated by Eric Zelz

Hardcover, \$17.95

ISBN: 9780884484684

10 X 9, 48 pages, color illustrations

Grades 2-6



## Summary

What do Napoleon, Cleopatra, George Washington, Gandhi, Queen Victoria, Columbus, Neil Armstrong, Montezuma, Paul Revere, Babe Ruth, Abraham Lincoln, Sacagawea, and Katsushika Hokusai have in common? They are all among the historical figures portrayed in this delightful book by writer Abby Ewing Zelz and cartoonist Eric Zelz. Just like us, the great movers and shakers of history had to eat, and their favorite foods turn out to be a highly entertaining thread to follow through the history of our small planet. History and biography have never been this tasty!

- Includes do it yourself historic Pandowdy recipe
- Includes backmatter with brief bios of featured historic figures

**Kirkus Review:** A tempting tasting platter of foods and eating customs in diverse times and places...Along with observations that Cleopatra would have been served stork, that Napoleon was a messy eater, and like tidbits, readers will come away with some significant morsels of history, such as the role Columbus played in introducing avocados, corn, and beans to Europe and oranges, coffee, and sugar cane to North and South America. Along with a generous dollop of further reading (for adults), the final section dishes up more detail about each of the distinguished diners plus a timeline strewn with factual croutons from the publication of the first printed cookbook (1465) to the introduction of Lunchables. Not so much a history of food as history with food—a way of adding a bit of spice to general studies of the past.

This book will lead to discussions about

- Foods through history
- Famous people and their time periods

- Eating etiquette
- Why we eat what we do
- Where does our food come from?
- Do you eat any foods from other cultures/time periods?

## Before You Read

### Access Prior Knowledge

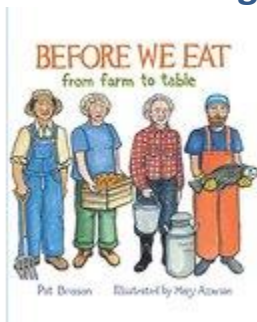
- Where does our food come from?
- What are fad foods?
- Why do you think we eat foods that are not good for us?
- Why do we use table manners?

## After You Read

### Discussion Questions and Activities to Meet the Standards

- Who would you most like to eat with from the book and why?
- Who would you least like to eat with and why?
- Think of someone else in history who is not in the book and research their favorite foods.
- What are your favorite foods and where do they come from?
- Research the SLOW FOOD movement.
- What are the values and downsides of eating “slow food”?

## Further Reading



Before We Eat: from farm to table, by Pat Brisson, illustrated by Mary Azarian  
 ISBN: 9780884483526 For all ages.